



Guest Editorial

Vol 2 Issue 1 – Welcome to the issue

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Welcome to this second volume of *Northumbria Psychology Bulletin*, which showcases the outstanding research conducted by our Psychology students at all levels, both on campus, and remotely. Having returned to Northumbria University following a seventeen-year absence, I am struck by the transformation of the research infrastructure and culture during the intervening period. This bulletin is a perfect example of that upward trajectory in Psychology research excellence. The quality of papers in this volume is a testament to the staff and students in the School of Psychology, as is the range of subject matter and methodologies.

The papers in this issue include: a cross-sectional, quantitative investigation into the impact of gratitude writing (Wyre, 2025); an examination of the influence of atypical sensory processing on autistic and attention deficit hyperactivity disorder (ADHD) traits (Wilson-Dickson & Greer, 2025); a qualitative exploration of the efficacy of online mental health interventions (Husseini & Murphy-Morgan, 2025); and an assessment of the effectiveness of a brief checklist for mitigating attentional blindness in radiology (Lavender & Greer, 2025). Taken together these papers reflect both the methodological breadth and the applied aspects of our Psychology degrees. Each study also has clear benefits with respect to impact on, and engagement with, relevant communities. To echo the editorial from Volume 1 (Moss, 2024), it is particularly impressive that this bulletin exists because of continued student engagement beyond the degree. While there are institutional benefits from distinguishing our students with respect to research track record, clearly this bulletin stems from the intrinsic personal motivation to take self-initiated research ideas through to publication. I am sure that this volume will stimulate and engage readers and form part of a highly successful series.

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